

# Wadebridge Primary Academy - Reception 2020

## Topic: 'The Seaside' - 64 Seaside Activities

Can you use this list and tick off what you do? Have fun!

1. Search for seashells. "When your child returns, have her sort them by type, shape or colour. It's a great quiet-time activity for smaller kids
2. Go for a walk on the beach.
3. Spell words in the sand with seashells and stones.
4. Play I Spy. Use binoculars -- real or pretend -- and take turns guessing what the looker sees by the clues he gives.
5. Go on a scavenger hunt searching for beach-themed items like seashells, sand dollars, seaweed and feathers.
6. Build a moat.
7. Collect smooth rocks to paint when you get home.
8. Make "sand pies" -- a beachy twist on the classic mud pies.
9. Play Ring Around the Rosie at the water's edge. Everyone will love falling down and making a big splash.
10. Have a picnic.
11. Write each person's name in the sand along with the year and their footprint and take a photo.
12. Bring plastic construction work toys like dump trucks and diggers to create a sand construction site.
13. Fly a kite.
14. Watch the sunset.
15. Bring boats and other floating toys to play with in the water.
16. Make sand angels.
17. Draw pictures in smooth, wet sand with a stick or rock.
18. Make a keepsake "beach in a jar." Collect sand, pebbles, seashells or sea glass in a mason jar. When you get home, paint the name of the beach or city and year to commemorate the trip on the jar.
19. Build a sand city made of multiple sand castles.
20. Bring cookie cutters or big rubber stampers to make shapes in the sand.
21. Play musical towels -- like musical chairs except with towels. Your phone can provide the music.
22. Listen to the ocean by holding shells to your ear.
23. Explore the waterline at low tide and look for sea creatures.
24. Play Hopscotch in the sand.

25. Play Don't Knock Down the Castle. Make a large sandcastle and take turns removing a small scoop of sand from it, one at a time. Whichever player makes the castle collapse loses the game.
26. Play "Beach Golf." Dig a hole in the sand and roll a tennis ball at the hole from the same distance, whoever needs the fewest rolls wins the hole. Make various holes on slopes or hills to make it more challenging.
27. See how many sea creatures you can identify at the beach.
28. Have a bucket-filling race. Each player gets a bucket and a plastic cup and must run back and forth from the ocean to the bucket to fill it. The first person to fill her bucket wins.
29. Plastic Bottle Bowling. Fill plastic water bottles with a little sand or water to weigh them down and roll a ball to knock them over.
30. Make a sandman. It's as fun as making a snowman but you don't freeze your fingers!
31. Make a sand family. Have each person lie down on the sand and trace around them. Then decorate the outlines to make it look like them. Use extra clothes, sunglasses, seaweed for hair or make a "seashell swimsuit." Get creative.
32. Play "Crack the Egg." Sit in shallow water with your arms wrapped around your knees. As the waves come in, they will knock you around. The last person to let go of his knees wins.
33. Make 3-dimensional sand art. Using found objects like feathers, stones and shells, create a family masterpiece in the sand.
34. Pick up rubbish -- an excellent way to teach kids about conservation.
35. Draw a "dart board" of concentric circles in the sand. Assign point values to the rings and toss pebbles at the board to score points.
36. Practice writing simple words with a stick in the sand.
37. Make a seaweed crown, necklace or bracelet.
38. Play "Feed the Shark." Draw a shark with its mouth open on the sand, line up at a distance and throw a beanbag trying to get it into the shark's mouth.
39. Build a castle near the water's edge and see how long you can protect it. Build a dam or dig a moat to keep the water away.
40. Make a sand sundial.
41. Have a seashell scuttle. Scoop up a heap of dry sand on a large spoon or small sand shovel and balance a seashell on the pile. The kids must make it from starting line to finish line without dropping the shell.
42. Read books.
43. Play Limbo. A tightly twisted towel stretched out can serve as a Limbo pole.

44. Have a treasure hunt. Bury treasure -- like coins or fake jewellery placed in a plastic bottle -- for your kids to find. Give them a map with landmarks and instructions to the loot.
45. Play Frisbee golf. Set up targets, such as plastic bottles or beach chairs, and see who can hit them with a Frisbee.
46. Do the "Fishy Pokey." Like Hokey Pokey, except you name fish parts such as "put your left fin in" while standing in waist-high water. Splash the water instead of clapping your hands when you sing, "That's what it's all about."
47. Go a few feet into the water and try to jump over waves as they come in.
48. Play "Squirt Ball." Draw two lines in the sand a few feet away from each other, one for each team. Place a beach ball in the middle. Use squirt guns to move the beach ball across the other team's line to score a point.
49. Make seashell necklaces by finding shells with holes in them and using sturdy twine to string them up.
50. Reward the best "find." Send kids on a mission to each find the most unique thing they can on the beach. Parents judge whose is the coolest.
51. Play Sharks and Minnows. One person is the shark and tries to catch the others, who are minnows. Whoever is tagged becomes the shark.
52. Run down the beach and see how far you can get before someone gets tired.
53. Swim!
54. Make sand sculptures, such as dolphins or whales without using plastic molds!
55. Flip-Flop Throw. Have everyone stand on a line and throw a flip-flop as far as they can. See who can throw the farthest.
56. Make yourself into a mermaid. Sit in the sand and build a mermaid tail with sand over your legs.
57. Make sand art using paper plates, paper and glue. Draw a picture on the plate with glue and sprinkle sand on it. Add shells, stones or other objects.
58. Skip stones in the water.
59. Have crab races by scooting on your hands and feet with your belly facing up.
60. Bring a sketchpad and coloured pencils and draw the sunset.
61. Play 'Pass the Water': Stand in a line and pass a cup of water over your head to the next person in line.
62. Play Fish, Fish, Shark -- just like Duck, Duck, Goose but with the challenge of having to run on the beach.
63. Make seashell imprints by gently pressing the patterned side into wet sand.
64. Build a tent by draping towels across two or more beach chairs!